Recognising **Neurodiversity** Myths and Misconceptions

Dyslexic people ...

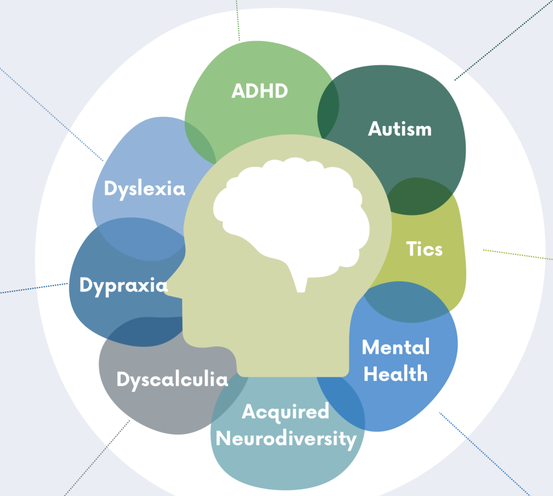
- have terrible handwriting
- can't read
- can't write
- are lazy and need to try harder
- will grow out of it as adults
- have a problem with their vision
- are more likely to be male

ADHD people ...

- tend to be male
- don't have a "real" condition
- can't ever focus
- are all hyperactive
- will grow out of it as adults
- just need to try harder
- as kids were just being naughty
- use it as an excuse for laziness

Autistic people ...

- can't form relationships
- don't look autistic
- lack empathy
- are all the same
- all have a special talent
- are obsessed with certain things
- are unlikely to be female
- all avoid eye contact



People with tics ...

- all have Tourette Syndrome
- can control them if they really want to
- are not as intelligent as others
- and all blurt out obscenities
- are children and will grow out it
- have a mental illness

Dypraxic people ...

- have low intelligence
- are just being clumsy
- are unable to work
- can't live alone
- are extremely rare
- are like dyslexics or dyscalculics

Neurodivergent people ...

- are all the same
- are unable to succeed at work
- have a disorder
- are more likely to be men & boys than women & girls
- all have mental health issues
- find life a burden
- can't communciate effectively
- are not as capable as neurotypical people
- are all disabled
- can't be trusted to do good work
- are stupid and use it as an excuse

Dyscalculic people ...

- are terrible with numbers
- are lazy and not trying hard enough
- all have the same difficulties with maths
- can't learn maths
- have maths anxiety
- are uncommon
- are like dyslexics

People with acquired neurodiversity ...

- all had a stroke
- will heal over time
- will have it for life

People with poor mental health ...

- won't be high performers
- are weak minded
- need more pressure to work better
- use it as an excuse to get out of tasks
- are also neurodivergent
- can't do their job properly